



IMPORTANT DATES:

- 11/1: Daylight Saving Time Ends
- 11/2: Tuition Due
- 11/3: NO SCHOOL – Election Day
- 11/25-11/27 – NO SCHOOL – Thanksgiving Break

November 2020 News

APPROPRIATE DRESS

As cold weather approaches, please see that your children are dressed appropriately (hats, boots, gloves, etc.). We believe in fresh air and physical activity for everyone so we will continue to go outdoors each day as the weather permits.



MASKS

Ill-fitting masks can slip below a child's nose, leaving them exposed and possibly exposing others. Please follow this link to see how you can make your child's mask fit more tightly: [Tighten a Face Mask](#). Additionally, please ensure that children's masks are cleaned after each use. We appreciate your support, keeping our staff and children safe.

HALLWAYS & BOUNDARIES

Care After School is fortunate to be able to allow parents into the building to pick up their children. The schools have set specific boundaries and "traffic flow" in order to lessen exposure throughout the buildings. Although we miss being able to have daily conversations with you in the cafeteria while your children gather their belongings, and we understand it is difficult when you can't catch a glimpse of your child enjoying CAS activities, please be respectful of the boundaries set to ensure everyone's safety. Hopefully soon, you will once again be able to go to these spaces freely. In the meantime, we appreciate your support while we all try our best to keep our buildings healthy and safe.

EMERGENCY CLOSINGS & DELAYS

Please be reminded of the Care After School policy regarding emergency dismissals. If emergency conditions such as snowstorms, facility problems, etc., cause the school day to be altered, CAS will follow these guidelines:

- *If the schools are closed for the day, CAS is closed.*
- *If the start of school is delayed, the CAS before school program is closed, but the after school program will be in session.*
- *If the elementary schools dismiss at their regular time but the middle schools or high schools are dismissed early for an emergency, CAS is closed.*
- *If the elementary schools are dismissed early for an emergency, CAS is closed.*

Cancellation information will be posted on the CAS website and an email will be sent to inform parents about emergency dismissals. Please make sure CAS has your daytime email on file and that your Emergency Release Plan has been completed and submitted. Please review this plan with your child.

CHANGE IN SNACK POLICY FOR 20-21

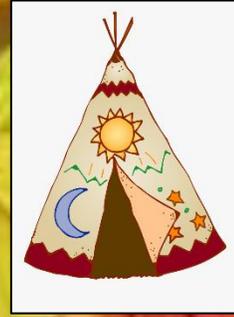


Care After School provides a snack each afternoon consisting of a fruit or vegetable, plus one other food group. Each month, a snack calendar is provided to families via email. Packing additional or alternate snacks has always been encouraged by CAS. This year, every school building in the Worthington district has become 100% nut free. Please ensure your child's snacks from home follow this policy.

DAYLIGHT SAVING TIME

Don't forget to set your clocks back one hour Sat. Oct. 31st before going to bed. Remember, we do not release "walkers" after sunset for their safety.

PROMOTING TOGETHERNESS FAMILY FUN NIGHT



The benefits of planning a weekly family night

1. It makes family time a priority.

Sometimes all the things on our to-do lists prevent us from just slowing down and enjoying our kids. Planning a weekly family night is an easy way to become more intentional and enjoy more quality time with your family.

2. It makes children feel connected.

Kids love family night not only because they are fun but also because it brings them closer to their parents. A family night is a perfect opportunity to have fun together and connect!

3. Family nights will become precious memories.

Kids grow up so fast! A weekly family night is a tradition that will bring you many happy moments that will become precious memories as the kids grow up.

FAMILY POW WOW

Make A Headdress – These can be as simple or as intricate as you want. You can cut the headbands and feathers from construction paper, or use beads and real feathers. Measure everyone's heads with a piece of string, so you know how large to make them.

Candy Teepees – Use a sugar cone, flip it upside down, and decorate it to look like a fancy teepee. Using icing as "glue" you can attach small candies let your imaginations run wild. Nerds candy would make nice "beads," while Pull-n-Peel licorice will make nice "rope." Be sure to take pictures before you eat the finished product!

Make a Dreamcatcher – Follow the link for directions to make your own dreamcatcher, one even using just a paper plate & yarn! <https://www.diys.com/dream-catchers/>

Movie & Popcorn – End the evening with a relaxing family movie night. Pop some corn and enjoy *Pocahontas* or *Brother Bear*.