



IMPORTANT DATES

- 1/4: School/CAS resumes
- 1/11: Tuition Due (**!!DATE CHANGE!!**)
- 1/18: No School/No CAS



JANUARY 2021

PICK-UP TIME

We know pick-up time looks quite different this year, and we thank you for remaining in the hallway while your children place their toys in the sanitizing area and wash their hands. Remember to finish phone calls before picking up your children, so you are available to greet them and speak with a CAS staff member.

SNOW PLAY

To play in the snow, children must be dressed appropriately: boots, hats, mittens, snow pants or a change of clothes. Please make sure your children pack these items so they can enjoy the winter fun!

TECHNOLOGY AND YOUR FAMILY:

Talk to your children about your expectations for acceptable use of technology, before you allow them access to their new devices and gaming systems.

- Incorporate technology into your discussions about your family values.
- Acknowledge all the benefits and convenience that digital technology provides.
- Be open and honest about your fears and misgivings with allowing them to connect with others online.
- Remain calm so that when issues arise, they will feel comfortable bringing them to your attention.

2020 TUITION RECEIPTS

As a courtesy for current families, CAS will provide a receipt for all payments made during 2020. Receipts will be emailed to the address provided to CAS, no later than the end of January. Please email your Site Director, or the CAS office at info@careafterschool.com if you need another copy. Remember, if you are enrolled in Tuition Express, you may print your own receipts at any time!

DID YOU KNOW?

Care After School staff members receive ongoing training regarding children's growth and development. Although our workshops are conducted differently in order to comply with efforts to slow the spread of Covid-19, we are still committed to providing the best quality program for our families. Our upcoming workshop will be presented by Toya Spencer, Worthington School District's Director of Diversity, Equity and Inclusion.

PROMOTING TOGETHERNESS: FAMILY FUN NIGHT



HIDDEN TREASURE

Have each family member select one of his or her sweatshirts. This sweatshirt becomes that person's own "treasure."

All family members gather in the kitchen with their sweatshirts in hand. A timer is set for 2 minutes, and one person has only that much time to hide his/her treasure and return to the kitchen. The timer is then reset, while the next person goes to hide his/her treasure. Repeat this process until all treasures have been hidden. (Set boundaries if necessary – No hiding in the office desk drawers, No moving furniture, etc.)

Now for the fun part! Don't put those timers away yet! Searching will also take place one at a time, and each person has only 2 minutes to search. The person timing will notify when time is up, and the searcher must return to the kitchen with or without a treasure. Repeat this process as many times as necessary, until all but one treasure is found. Whoever owns the treasure that is still hidden, wins!

The game can be played multiple times, with the previous game's winner choosing to keep his/her treasure in the same place for the next game, or reveal the location to the other family members. Have Fun!

The benefits of planning a weekly family night

- 1. It makes family time a priority.**
Sometimes all the things on our to-do lists prevent us from just slowing down and enjoying our kids. Planning a weekly family night is an easy way to become more intentional and enjoy more quality time with your family.
- 2. It makes children feel connected.**
Kids love family night not only because they are fun but also because it brings them closer to their parents. A family night is a perfect opportunity to have fun together and connect!
- 3. Family nights will become precious memories.**
Kids grow up so fast! A weekly family night is a tradition that will bring you many happy moments that will become precious memories as the kids grow up.