



IMPORTANT DATES

1/1: No School/No CAS
1/8: Tuition Due
1/15: No School/No CAS

FAMILY FUN

Every Friday: **Family Fun Night** 6:30-9:00 at the Community Center
Now-1/7: **Chinese Lantern Festival** at The Ohio State Expo Center
1/20: **World's Toughest Rodeo** 7:30-10:00 at Nationwide Arena
1/27: **Princess Tea** (ages 4-7) 1:00-2:30 at the Griswold Center

January 2018 News

SNOW PLAY

CAS believes playing in the snow is an important part of childhood. When the weather permits, we will be taking children outside. To play in the snow, children must be dressed appropriately: boots, hats, mittens, snow pants or a change of clothes. Please make sure your children pack these items so they can enjoy the winter fun!



CAS CARES!

The children and staff at CAS were busy last month helping others in the following ways:

- Collecting socks for Star House
- Making centerpieces for Meals on Wheels
- Donating toys to the Firefighters for Kids Toy Drive.
- Making treats and cards for the Worthington Fire Department, Police Department, and Postal Carriers
- Preparing Buddy Bags to help feed area children when school is not in session
- Making Holiday cards for Sunrise Retirement Center
- Helping clean the school's courtyard
- Supplying pet food through the Sedona Grace Foundation



2017 TUITION RECEIPTS

As a courtesy for current families, CAS will provide a receipt for all payments made during 2017. Receipts will be placed in your mail folder by the end of January. Remember, if you are enrolled in Tuition Express, you may print your own receipts at any time!

PARENT SURVEY

The CAS Parent Satisfaction Survey to let us know how we are doing is coming soon via email. Your comments and suggestions are greatly appreciated!



Welcome to the new normal! There has been a fundamental shift in the way our kids learn and communicate. Here are some helpful tips you can use to keep your children safe as they navigate their way through the digital world.



Raising Kids In The Digital Age

COMMUNICATION:

Talk to your children about your expectations for acceptable use of technology, before you allow them access to their new devices and gaming systems.

- Incorporate technology into your discussions about your family values.
- Acknowledge all the benefits and convenience that digital technology provides.
- Be open and honest about your fears and misgivings with allowing them to connect with others online.
- Remain calm so that when issues arise, they will feel comfortable bringing them to your attention.

MONITORING:

Any monitoring or restrictions you set should be discussed upfront so your kids understand how you will ensure their safety, and that you are not intending to “spy” on them.

- Guide them to self-monitor and self-regulate; to achieve balance.
- Set specific rules—Be pro-active. Teach them to do right, instead of trying to catch them doing wrong.
- Use the available offerings to help keep your kids safe. Some examples of monitoring apps are:

<http://www.commonsensemedia.org/>

<https://www2.fbi.gov/publications/pguide/pguidee.htm>

<http://www.netsmartz.org/Parents>

ROLE MODEL:

Be a positive digital role model. Don't use devices to distract you from being present, especially from your family.

- Know when to unplug.
- Don't reach for your phone in the car.
- Ask their input before posting about them on social media.
- Focus on the positive aspects of the digital world such as:

Individualized learning.

Access to world-class resources.

Collaborative projects.

Sharing creativity.

Staying connected to world events.