



### IMPORTANT DATES

2/5: Tuition Due  
2/19: No School/No CAS

### FAMILY FUN

**2/2-2/25: Blue Jackets Winter Park** – Outdoor skating rink at McFerson Commons (across from Nationwide Arena).  
**2/2: Family Night:** 6:30-9:00 Free games & crafts with a bonus \$3-swim! – Worthington Community Center  
**2/23: Read Across America** 6:30-8:30 at the Worthington Community Center

# February 2018

### 2017 TAX RECEIPTS

Receipts for all payments made during 2017 have been placed in your CAS mail folder. If you are enrolled in Tuition Express, you may also print your own receipt at any time.  
The CAS Federal Identification number is:  
**31-1123932**

### CRISIS PLAN

The safety of your children is a priority at Care After School. Did you know that each site has a plan in place for emergency situations? Although some events can be difficult to prepare for, emergency drills are conducted with the children to give them the necessary tools to increase safety during a crisis.

### CURRENT FAMILY

#### REGISTRATION FOR NEXT SCHOOL YEAR

Priority registration for currently enrolled families, whose accounts are paid in full, is **February 9-22, 2018**. Current enrollment status is guaranteed for the 2018-19 school year for registrations completed by February 16, 2018. Registration is online only at [careafterschool.com](http://careafterschool.com), including payment of the required \$40 registration fee (credit/debit card required). Paper copies and/or alternate payments will not be accepted.  
The first tuition payment for the 2018-19 school year is due by February 23, 2018 for families who pay by check or money order. Families who participate in Tuition Express will pay electronically in two equal installments deducted on April 16 and August 6, 2018. Enroll anytime in Tuition Express; authorization forms are available on our website.  
Tuition payments remain the same for the 2018-19 school year.



### LATE PICK-UPS

Please remember, CAS staff have evening responsibilities and they are scheduled to leave at 6:00 PM. We ask that you make every effort to pick up your children by that time. After 6:00 PM, the late fee of \$10 per each five minute increment is assessed. To avoid this fee, please have a back-up plan in place, and discuss it with your child. Consider having a neighbor or another CAS parent pick up your child when unexpected delays affect your commute time.

### RULE CHANGE

The Ohio Department of Job and Family Services will not allow topical creams/ointments such as hand sanitizer, sunscreen, lotions, chapstick, etc. to be unattended in a student's backpack. If your child carries one of these products, he/she must keep it in a pocket, or otherwise inaccessible to other children.



### UPDATES NEEDED

If you haven't done so already, please see your Site Director to review your current registration form, and make changes as needed. This must be completed and initialed by February 5, 2018.

# Beyond Cookies & Milk

## Snack at Care After School

The Ohio Department of Job & Family Services requires that CAS serve snacks which “provide nutritional value in addition to calories and contain at least two of the four basic food groups.” The four food groups are: meat/meat alternative, breads/grains, fruits/vegetables, and milk/dairy.

At CAS, we believe good nutrition is important so we have set the following additional guidelines for snack:



- A fruit or vegetable is provided at least once per week.
- A protein is served at least once per week.
- A dairy product is offered at least once per week.
- Grains are limited to three times per week.
- Dessert snacks are restricted to twice per month.
- Baked goods must have enriched flour or natural grain as the main ingredient.
- 100% fruit juice, milk, or water is served with each snack.

The Assistant Site Director is responsible for planning and purchasing the daily snack.

Assistant Site Directors attend training sessions about good nutrition and healthy snacks and receive a notebook with specific guidelines and suggestions.

A snack calendar is posted at the parent table and emailed to families at the beginning of every month. Parents are always welcome to send a healthy snack if their child does not like the food served by CAS.

Snack is not intended to be a meal. Parents who would like their child to have more food may send additional healthy food to be eaten during snack time.